



Westlake Charter News

Volume 2, Issue 8

December 12, 2008

Go to the Bookfair!

Friday and Saturday, Dec 12 and 13 all day.

Barnes and Noble (Natomas Promenade)

Special Westlake Fun Time: Friday 5:00—7:00

Storytime and crafts with our teachers. Stop by the Teacher's Wish List table. Get your gifts wrapped at the Gift Wrapping Table. Invite friends, family, and neighbors to do some holiday shopping this weekend—just mention "Westlake Bookfair" at checkout. It's that easy!

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Meet the New Student Council Members

President: Joey Lopez
 VP: Simran Mann
 Secretary: Ysa Roberts
 Treasurer: Spencer Moore
 Kinder Rep: Hannah Bartle
 1st Grade Rep: Mireya Mendoza
 2nd Grade Rep: Angelo Pardillo
 3rd Grade Rep: Kevin Lillich
 4th Grade Rep: Lauren Huffman



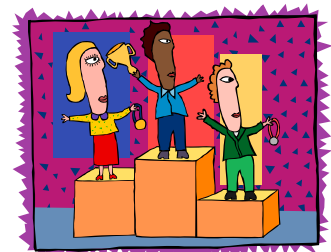
December 19th:

- Box Tops contest ends
- Spirit Day: Winter Wonderland—dress in your favorite winter gear
- Recycle Friday



Mark your Calendars! Olympics Triathlon 2009!

February 6, 2009; 1:00 – 3:20 pm
Awards Ceremony/Family Meal: Feb. 20th, 6:30 pm



See page 3 for more details

Catch the WAVE

Parent Participation Opportunities

- ☺ **Olympics Triathlon:** Needs lots of people to brainstorm ideas. There will be many positions available for large and small jobs. Contact Peggy McAllister (tx2ca95@sbcglobal.net) (916) 419-6057 and Larisa Boyko (laraboyko@yahoo.com)
- ☺ **Recycling:** Need parents to drive recycling to center once a month or so. Contact Lanie sosaholmer@yahoo.com
- ☺ **Auction:** Parents can do as little or as much as they want. We need people to start looking for ticket items and getting sponsors. Next planning meeting is Jan 13th (time and location TBD). Contact Tracy Roman at romanclan5@yahoo.com or 649-3259 or Tami Molyneaux tmolyneaux@lakemont.com or 359-2344 for additional information.
- ☺ **Dance:** We need a committee to help organize the decorations and food vendors. Contact Aimee Wells gats_wells@yahoo.com or 419-3390.
- ☺ **Board meeting:** Jan 6 at 6:30. Earn hours just for attending
- ☺ **WAVE meeting:** Jan 21 at 6:30. Earn hours just for attending
- ☺ **Library support:** We need books reshelved and things straightened up on a regular basis. Please contact the office to volunteer at 567-5760 or admin@westlakecharter.com

***** WAVE meeting on Dec 17th has been cancelled *****

Support the Auction.

The Auction will be here in no time. We still need your help!

Thank you to those who have already sent in donations, however more items for the auction are still needed. Copies of letters to use for requests are available on the WCS website. Tickets for the event will go on sale in February. Tickets are limited so purchase early.

Kids park will be reserving 30 spaces for WCS students and siblings for the night of the auction. Reservations must be made no later than 3/20/09.

REQUEST FOR PRESCHOOL ART

The 2009 Auction is quickly approaching! Class art projects were a huge success at last year's event. This year we would like to include an art project with work from younger siblings of current Westlake Charter School students who will hopefully be future students at Westlake.

Drop the art in the WAVE mailbox in the office on or before Monday, December 15.

Original art will not be returned. It will be included in a scrapbook which will be auctioned off at the event in March. Please contact Jennifer Eastman (eastmanjj@yahoo.com) if you have questions.

Catch the WAVE

Olympics Triathlon 2009!

February 6, 2009; 1:00 - 3:20 pm

Awards Ceremony/Family Meal: Feb. 20th, 6:30 pm

Our children will participate in three events: **Jog-a-thon**, **Spell-a-thon** and **Create-a-thon**, complete with Opening Ceremonies and parade of countries! The kids will raise money for Technology in their classrooms! Mr. Liles estimates that each class needs approximately \$2500 worth of technology to keep our students current. Specifically the money will boost the computer-to-student ratio and provide a Presentation Station for each teacher.

Kids can begin **now** to find sponsors for the event and will continue until the day of the event! Sponsor sheets with instructions are coming home in backpacks today. You can also print your own online to take to work.

School-Wide Goal: \$35,000!

Classroom Goal: \$2,500!

Personal Goal: \$125+ (that's only 5 sponsors at \$25 each!)

Every child who participates in the event will receive a bookmark and certificate, even if they raise no money. Special prizes will be given based on amounts raised, with a gold, silver and bronze medals given to the Top 3 in each grade as well as overall. Additionally, the Top Family will receive a trophy. Each class who reaches their \$2500 goal receives a class pizza party!

Keep looking for more details and *Be Prepared for the Fun!*

Earn Money for WCS using www.goodsearch.com!

We've started a new fundraiser, and it's easy and free for all our families to use. Just go to www.goodsearch.com and select Westlake Charter School as your non-profit of choice. Goodsearch will donate a penny per qualifying internet search to WCS. Make it your home page or add it as a favorite, do internet searches on goodsearch and watch the donations grow! If you purchase online through www.goodshop.com from over 700 participating retailers, WCS will get a percentage of sales as well. So get in those last minute holiday online purchases through Goodshop and raise money for WCS!

Contact Lanie Holmer solaholmer@yahoo.com with any questions.

The ABC's of Conflict Avoidance – Part 1

By Dave Kovar

The ABC's of Conflict Avoidance are simple steps that can help children stay safe. This month, we'll discuss two important ways to avoid conflicts.

“A” stands for **Avoid Potentially Dangerous Situations**. The best thing your child can do to avoid conflict is to stay away from people and places that could be potentially dangerous. Staying in safe areas and with friendly, familiar people is the best way to avoid problems. Here are some dangerous situations that children should avoid: busy streets, construction sites, vacant lots, rushing rivers, and talking with a grown-up you don't know when your parents aren't around.

“B” stands for **Be Calm and Breathe**.” When children are angry or afraid, they don't think clearly. When they aren't thinking clearly, they may not make good choices. When we are angry, we take shallow and quick breathes. Our breathing is very similar when we are afraid. When we are calm and relaxed, our breathing is slower and deeper. For children to talk their way out of a bad situation, they must calm down to be able to think clearly. The easiest way to calm down is to take slow deep breaths.

Next month, we'll discuss two more way to help children avoid conflicts.

“Dave Kovar is an internationally recognized authority on martial arts, safety, and child fitness. He holds black belts in 10 martial arts styles and his innovative program combines martial arts, fitness and character development. For more information, visit Kovar's Satori Academy at 2063 Arena Boulevard.”

KOVARS SATORI ACADEMY has a special offer for your family. Kovars is offering a fundraiser for our school. For \$75 your child or children will have a five-week course plus a uniform. This is a \$170 value. The entire amount of \$75 will be given to Westlake Charter School WAVE. Please watch for flyers coming soon.

Contact information

Principal	Stephen Liles	sliles@natomas.k12.ca.us	567-5760
Board	Paris Coleman	pariscoleman@gmail.com	
WAVE	Aimee Wells	gats_wells@yahoo.com	419-3390
Communications Team	Ann Alan	amalan72@aol.com	
Fundraising Team	Open Chair position contact Scott Williams 799-1555 scottw75@sbcglobal.net		
Community Building/Hospitality	Open chair, contact Paul Hobie, 359-6585, phobie@surewest.net		
Family Nights Out	Open chair, contact Paul Hobie, 359-6585, phobie@surewest.net		
Thank You Thursdays	Karyn Jakobs	kjakobs@surewest.net	
Box Top	Tanya Carter	tanyacarter@comcast.net	419-9798
Ink Cartridge Recycling	Greg Zumstein	g_zumstein@hotmail.com	359-7617
eScrips	Toni Coleman	colemanfive@sbcglobal.net	419-8439
Olympics Triathlon	Peggy McAllister	tx2ca95@sbcglobal.net	419-6057
	Larisa Boyko	laraboyko@yahoo.com	
Auction Committee	Tracy Roman	romanclan5@yahoo.com	649-3259
	Tami Molyneaux	tmolyneaux@lakemont.com	359-2344
Parent Participation	Paul Hobie	phobie@surewest.net	359-6585
Parent Hours Recorder	Krista Baca	klbaca@sbcglobal.net	206-7670
Community Service	Lanie Holmer	sosaholmer@yahoo.com	

For questions, comments, or to submit information to be included in the newsletter, please email newsatwcs@gmail.com. Please note that all information must be submitted by Friday at least one week prior to publishing. Content is subject to the approval of the principal prior to publication.